## Meals

## **Meals of Hope** Tuesday, 4-6pm (weekly; free) 360.835.3114

Riverside Seventh Day Adventist Church 463 N Shepherd Rd, Washougal, WA 98671

#### ReFuel Washougal - Friday Dinner Friday, 4-6pm (weekly; frée) 360.835.8501

Washougal Community Center 1681 C St, Washougal, WA 98671

#### **Meals on Wheels People** Tuesday & Thursday, 11:30am - 1PM (donation based) 360.210.5666

Washougal Community Center 1681 C St, Washougal, WA 98671 (Seniors 60+)

#### **Share House** 360.448.2121

1115 W 13th St, Vancouver, WA 98660 (Hot Meals)

M-F: 8:30-9AM, 1-1:30pm, 5-5:30pm Sat & Sun: 9-9:30, 3:30-4

## Other Assistance

## **Refuel Washougal**

1681 C St, Washougal, WA 98607

\* Severe Weather Shelter

#### **Gateway Community Church** 360.835.2153

1235 E St, Washougal, WA 98607 \* Food pantry

## Other Assistance

## **Camas Friends Church**

360.834.2446

1004 NE 4th Ave. Camas. WA 98607

- \* Food pantry
- (Thursday 10-2, or by appointment)
- \* Laundry Love Project All Star Laundry, 321 Lechner St (1st & 3rd Thursday, 6-7:30 PM) (\$10 in quarters)

#### **Radiant Church** 360.834.7522

2717 NE 3rd Ave, Camas, WA 98607

- \* R.A.D. Community Outreach (Reaching out in Active Discipleship)
  \* School Supplies
- \* Urgent Financial Needs
- \* Support group meetings & resources for foster families & orphans

## St. Vincent de Paul (via St. Thomas Aquinas Church) - Camas 360.834.2126, (must dial ext 251)

324 NE Oak St, Camas, WA 98607

- \* Rent Assistance
- \* Utilities Assistance
- \* Gas Vouchers

#### Family-Community Resource Center 360-833-5612

2033 NE Ione St, Camas, WA 98607 Mon-Fri, 8am-4:30Pm (call for appt.)

- \* Food Pantry
- \* Clothing
- \* Hygiene Items
- \* Backpack / School Supplies \* Referrals for Community Services
- \* Rental Assistance Referrals
- \* Foster care guidance

## Other Assistance

#### **East County Family Resource Center** Children's Home Society of **Washington** 360.835.7802

1702 C St, Washougal, WA 98671

- \* Emergency Food Pantry
- \* W.I.C. (Women, infants and children)
- \* Columbia River Mental Health
- \* Columbia River Mobile Crisis
- \* Recovery Support & Services
- \* Mental Health & Maternity Support Services NW Children's clothing

## **Inter Faith Treasure House**

360.834.5786 (Thrift Store) 91 C St, Washougal, WA 98671

- \* Food Bank
- \* Crisis Assistance
- \* Backpack Outreach

### **The Salvation Army** Office: Tuesday - Friday, 9am-4pm 360.835.3171

1612 I St, Washougal, WA 98671

- \* Food Pantry
- \* Free Bread
- \* Showers (Tue-Fri, 9am-4pm)
- \* Hygiene Kits
- \* Day center
- \* Emergency Utilities & Rent Assistance
- \* Back to School Assistance
- \* Thanksgiving and Christmas Assistance
- \* Daily activity at center (see schedule activity at center)

## **Important Phone Numbers**

Housing/Shelter 211 or 360.695.9677

**Crisis Line** 1.800.626.8137

**Mental Health Crisis** 1.800.626.8137

**Clark Coounty Public Health** 360.397.8000

**Recovery Helpline** 1.866.789.1511

**Suicide Crisis Line** 360.696-9560

**Transportation** Services 360.694.9997

**Breaking Free Ministries** 360.737.9869 Assistance for Veteran's & Housing

**Veteran's Crisis Line** 1.800.273.8355

360.693.7030

Alcoholics Anonymous (AA) 360.694.3870

Vancouver Intergroup AA Camas Friend's Church

**Narcotics** Anonymous (NA) 360.835.5533

St Mathew Lutheran Church -Sun & Tue - 7pm-8:30pm

Child Protective Services (CPS) 1.866.764.2233 Clark County

**1.866.363.4276** Statewide

Adult Protective Services (APS) 1.877.734.6277 **1.833.866.5**595 (TTY)

Elder Abuse Hotline 1.866.363.4276

Domestic Violence Hotline (24 hrs) 360.695.0167

**Domestic Violence** Assistance (9am-12pm) 360-696-0167

Veteran's Assistance Human Trafficking 1.888.373.7888

## **Emergency 911**

**Non-Emergency 311** 

Information & 211 Service Referrals

(Council For The Homeless)

## **General Information Safety Tips**

- If you are seeking shelter or a safe place to sleep, call the housing hotline at 360-695-9677.
- Keep a phone with you, even phones without service can make a 911 call
- When it's really cold or really hot outside, go to a shelter.
- Essentials for cold weather: clean/dry socks and something to cover your hands and head.
- Essentials for hot weather: sunscreen, water for hydration.
- Drink water to prevent dehydration & hypothermia.
- Clean up your garbage and keep the area sanitary to prevent disease and infestation.
- Keep your property with you to prevent theft and properly dispose of what you do not need.
- Avoid conflict with others.
- Seek out and utilize available resources to better your personal situation.

City of Camas 616 NE 4th Ave Camas, WA 98607 360-834-6864

Camas Police Department 2100 NE 3rd Ave Camas, WA 98607 360-834-4151

# Camas Community Resource Guide

Guide to area services & assistance programs



An effort sponsored by the City of Camas and the Camas Police Department